



Goose Creek CISD School Health Advisory Council

Meeting Minutes for April 23, 2024

I. MEETING DETAILS

Meeting Facilitator: Amanda Kennington, SHAC Chair

SHAC Secretary: Ashley Cox, SHAC Secretary

Date: Tuesday, April 23, 2024 Time: 5pm-6:30pm

Location: GCCISD Administration Building - Board Room 4544 Interstate 10 East Baytown, TX 77521

Type: General Meeting - Closed to Public

II. CALL TO ORDER

Meeting called to order by SHAC Chair - Mrs. Kennington - **5:07pm**

III. ATTENDANCE

Quorum met. 28 appointed members in attendance. 10 invited guests. 38 total in attendance.

Members in attendance: Tanya Alexander, Natalie Areteaga, Steven Bingham, Kelly Bush, Thresa Caldwell, Sam Chapa, Patricia Cheshire, Ashley Cox, Valencia Davis, Natalie Edwards, Sandra Encinas, Pavandeep Kaur, Allison Halladay, Wes Hines, Denisse Arreola Hernandez, LaChanda Huff, Michelle Kaisley, Amanda Kennington, Joel Kunz, Wendy Martinez, Preston Miller, Mirtha Morales, Kaci Pena, Maria Ramirez, Nawase' Sherman, Diane Slack, Tricia Times, Kevin Wroblewski. **Guests in attendance:** Melissa Ortega, Licette Garcia-Alvarez, Angela Dunson, Fernanda Zamora, Tailis Oniwon, Sunsirae Arriaga, Brittany Griffith, Nareida Cardenas, Angela DeGuerra, Shumeka Johnson.

IV. COMMUNITY CORRESPONDENCE

Four appointed members (parents) were removed for non-attendance of 75% of mandatory general meetings according to SHAC Bylaws. Total membership stands at 46 (24 Parents, 19 Employees, 3 Community Representatives).

V. RECOGNITION

The SHAC honored the It's Time Texas Challenge leaderboard winners and celebrated GCCISD earning 3rd place in the state. Sunsirae Arriaga, C-SHAC Champion & SSA at Alamo, shared CATCH Yearbook and best practices for successful implementation of the district adopted coordinated school health program.

VI. APPROVAL OF MINUTES

A. Motion to approve November 28, 2023 and February 20, 2024 General SHAC Meeting Minutes as written.

1. Motion to approve: **Mirtha Morales** & **Second: Maria Ramirez**
2. No discussion, **motion passed.**

VII. NEW BUSINESS

Shumeka Johnson, Program Manager, ASPIRE Program, Department of Behavioral Science, The University of Texas at MD Anderson Cancer Center presented on the ASPIRE (A Smoking

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Prevention Interactive Experience) program and offered support to the district for vape prevention education. Email [srjohnson1@mdanderson.org](mailto:sjohnson1@mdanderson.org) for more information.

Amanda Kennington, GCCISD Healthy Community School Coordinator, shared information regarding the Kids Teaching Kids Program. The kids teaching kids® Healthy Lifestyles program was created in 2010 to address childhood obesity and help children and their parents build a lifetime of healthy habits through nutrition education and wellness activities. Goose Creek CISD is the first district in the area to participate in the Kids Teaching Kids Healthy Lifestyles program. 13 GCCISD elementary campuses participated 2023-2024 year (Carver, Alamo, Austin, San Jac, Highlands, Banuelos, Ashbel Smith, Victoria Walker, Harlem, Travis, Pumphrey, Crockett, & Clark) for the first ever 21 Day Snacking Challenge in February 2024! Kids Teaching Kids provided promotional materials and PE teachers led the communication efforts during one PE class to explain the challenge to students and get them excited about participating. Parents choosing to participate, registered their child and received email communications directly from the program which provided creative recipes, snacking logs, wellness and activity videos that parents could enjoy with their children at home. Participants also receive small gifts for participating. The Kids Teaching Kids program also engaged Goose Creek CISD high school students from Career and Technical Education (CTE) to teach elementary school students better snacking habits while providing mindful and character building education via a digital recipe book. The Culinary/Arts & AV Recipe video that was submitted to KTK for a chance to earn funding toward their program if selected. SHAC Member and Highlands Elementary PE Teacher, Joel Kunz, and his students submitted an activity video shared with members. KTK will be selecting winning recipes and videos that will be included in the 2024 recipe book and we hope to see Goose Creek represented. Either way, the district plans to market their own GCCISD recipe book to be shared during the 2024-2025 school year. The Kids Teaching Kids program supports professional development for PE teachers as an incentive from promoting the challenge. PE teachers that met or exceeded 20% sign-ups from their school census received a gift card and free annual TAHPERD membership and PE teachers that met the registration marker for 50% of their students to register and complete the challenge earned a TAHPERD scholarship to attend conference with registration and hotel included. Congratulations to Carver Elementary PE teachers Jayme Reiss and Tony St. Julian for earning this achievement.

Information was shared regarding Child Abuse Prevention Month (April). **Mrs. Kennington** shared that together we can build strong, healthy families and resilient, thriving communities but must continue to identify risk factors of child abuse and neglect. If you or someone you know in our community that needs help and access to resources, you can dial 2-1-1. By dialing 2-1-1 anyone can be connected 24 hours a day, seven days a week to community resources for basic needs. All campuses are required to post at least one high-traffic area poster ("It's OK to tell!") with information that includes Texas Department of Family and Protective Services (DFPS) Abuse hotline telephone number, 18002525400.

Thresa Caldwell, GCCISD Coordinator of Behavior & Mental Health, shared information regarding Mental Health Month (May) focus is Fentanyl. The SEL & Student Wellness Department is hosting a district level Family Engagement Evening Chit Chat discussing dangers of Fentanyl; How to protect your child; Where to Go For Help. May 1st: EF GREEN; May 8th: HORACE MANN; May 15th: GENTRY JR targeting 5th-12th grade students and families. Flyers

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will be handed out to families in each feeder pattern and shared on Parent Square.

VIII. APPROVAL ITEMS

Mrs. Kennington shared that SHAC Ad hoc committee members recently conducted an assessment of the local school wellness policy required for all schools participating in the National School Lunch Program and/or School Breakfast program under the jurisdiction of the district. The SHAC permits various stakeholders to participate in the development, implementation, review and update of the local school wellness policy. The written wellness plan includes methods to promote student wellness, prevent and reduce childhood obesity, and provide assurance that school meals and other food and beverages sold and otherwise made available on the school campus during the school day are consistent with applicable minimum federal standards. 30/31 GCCISD schools completed the Alliance for Healthier Generation's Healthy School Assessment which assesses their health policies and programs. The reports were used in the 2024 triennial assessment and are linked in your digital agenda for review.

The wellness policy ad hoc committee met on April 8, 2024 to complete the triennial review of the wellness policy. The general public and school community were permitted to participate in the wellness policy process. The public can learn more about the progress toward meeting the goals of the local school wellness policy and compliance with the local school wellness policy by visiting <https://www.gccisd.net/page/gcunited.wellness.SHAC>.

SHAC Facilitator, called for a motion to “recommend that the district SHAC maintain the current method of measuring the wellness policy goals (utilizing annual data from the wellness plan assessment) while considering opportunities for growth in the 2024-2025 academic school year.”

1. Motion to recommend: **Sam Chapa** & Second: **Preston Miller**
2. No discussion, **motion passed.**

IX. OFFICER NOMINATIONS

Ashley Cox, SHAC Secretary, called for nominations from the floor for SHAC Officer. Mr. Reed was nominated for the position of SHAC Chair and the agenda item vote was tabled by the SHAC Facilitator. Appointed members interested in the role of Chair or Secretary are encouraged to reach out via email to SHAC@gccisd.net. The officer election will be held before the first General meeting of 2024-2025.

X. GOOD OF THE ORDER

Mrs. Kennington invited members to attend the Board meeting on June 3, 2024 presenting the SHAC Annual Report. Members are encouraged to provide feedback evaluating the 2023-2024 SHAC by May 3, 2024 (QR code provided). Applications are now open for 2024-2024 SHAC, due July 21, 2024 via QR code. A hard paper copy of the application and link to the online Jotform will be shared via Parent Square in June 2024 or applicants can reach out to SHAC@gccisd.net.

XI. ADJOURN

Meeting adjourned by SHAC Chair - Mrs. Kennington - **6:37pm**

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